

## Prayer Points

Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your request be made known unto God.

Philippians 4:6

- Download these printable prayer journal sheets so you can place them in a binder or folder. This way your journal sheets will stay nice and neat.
- Find a prayer time that works best for you. Life can be very hectic and you want to give God your best – free of distractions. Go into your prayer closet or where ever you pray and be prepared to spend alone time with God.
- During your prayer time, turn off your cell phone, television or anything else that would be a distraction for you. Remember you're about to have a personal conversation with God.
- Make it a point that you pray daily. God wants to hear from you and you need to hear from him. Be diligent and God will reward you.
- When you pray, just be yourself! God isn't too impressed with big words. He's just excited to spend quality time with you.
- Make sure you write down your prayer points, things that you would like to see God do on your behalf or for someone else.
- Understand, when you pray it's not about the length of time you do so, but more so about the quality of the time and content. Really focus on God during this time of prayer.
- When you're done praying, be quiet and take some time to listen for God to give His response. You are having a conversation, remember!
- Don't ever allow discouragement from the enemy to detour you from the promises of God. God may not answer right away, but He will answer. Be patient and stay in His Word.

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## My Prayer Journal – My Letters to God

Today's Date: \_\_\_\_\_

This is what I am praying and believing God to do in my life and in the lives of those whom I am praying for:

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God was faithful and answered my prayer on: \_\_\_\_\_

This is how He did it:

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Here are some things I learned during my time of being patient as He worked everything out:

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